

# THE ROYAL NORTH SHORE HOSPITAL SOCIAL WORK DEPARTMENT

Phone: 02 9926 7580 Fax: 02 9906 5495



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## LOCAL ACCOMMODATION LIST

### What does the Local Accommodation List provide?

The Local Accommodation List is a listing of a number of hotels, motels, guesthouses and bed & breakfasts (B & B) within walking distance from the Royal North Shore Hospital or accessible by public transport. The Local Accommodation List provides details of the types of accommodation available with their daily rate charges, inclusive of GST.

Many of these rates are reduced especially for hospital patients and their relatives. Patients and relatives of patients should **STATE** that they are receiving treatment or that they are relatives of a patient receiving treatment at the Royal North Shore Hospital.

**WE ARE NOT ABLE to RECOMMEND private companies or organisations.**

Any arrangement you make to stay at any of these listed accommodations is a private arrangement between you and the provider. Please check the facilities provided and the fees charged are suitable and acceptable to your needs prior to your stay.

Should you have any comments regarding the accommodation providers listed, please contact your referring Social Worker or the Royal North Shore Hospital, Social Work Department, Resource Information Officer on 02-9926 6351.

**Please note that the information provided is not exhaustive. Whilst we make every attempt to keep the accommodation list information up-to-date, we cannot guarantee that all information is current.**

**AS FEE SCHEDULES AND OTHER SERVICE CHANGES DO OCCUR, WE ADVISE YOU TO CHECK AND CONFIRM ALL DETAILS WITH THE ACCOMMODATION PROVIDER PRIOR TO CONFIRMING YOUR BOOKING.**

**The adequacy and quality of the accommodation and services listed cannot be ensured.** Please check the facilities provided and the fees charged are suitable and acceptable to your needs prior to your stay

Additional information regarding accommodation services can be located in the Yellow Pages and in other local telephone directories, through local councils, or through other local support organisations.

## Local Accommodation List

### **Relatives Accommodation**

#### ***Royal North Shore Hospital***

Refer to **ENTRY CRITERIA** below

**BOOKINGS: Phone: 9926 8309**

(8.00am to 4.00pm Monday to Friday only)

#### **FOR URGENT AFTER HOURS MATTERS ONLY -**

To 8.45pm: Phone Patient Inquiries – 9926 8302

After 9.00pm: Phone Emergency Department 9926 7071

**ENTRY CRITERIA: ONLY for in-patient's relatives and/or carers of the public (not private) hospital, generally from the country (there are exceptions). Patients cannot be discharged to Relatives' Accommodation.**

### **Blue Gum Lodge**

Refer to **ENTRY CRITERIA** below

97 River Roads (in the grounds of Greenwich Hospital), Greenwich NSW 2065

Phone: 9437 5470

Fax: 9439 6718

**Accommodation for cancer patients under treatment, their carer and relatives for other patients.** Hostel-type premises with shared bathrooms, communal dining, living areas and basic kitchens. Two levels of this accommodation are wheelchair accessible. There is TV, clock radio and reverse cycle air conditioning in each room. Only two people per room. A shuttle bus is provided for transport to the Royal North Shore Hospital and for shopping. **The shuttle bus operates on Mondays to Fridays only, not weekends or public holidays.** This bus does not have a wheelchair hoist. Blue Gum is a 15-20 minute, hilly walk to RNSH. Office hours are between 8.00am to 4.30pm weekdays

**ENTRY CRITERIA: Gives precedence to cancer patients and their carers. Does not cater for children under 12 years of age. Only two people per room. All accommodation is at the discretion of the Co-ordinator.**

**Rates GST Exempt**

\$20.00 per person, per night long stay. All accommodation is **GST free**.

Or \$33.00 single, \$46.00 Double per night for 3 nights or less

### **HOSPITAL VISITING TIMES**

Visiting Hours at the RNSH are from 11am to 8pm approximately. It is best to check with the **ENQUIRES DESK** situated in the Main Foyer, Level 3, on 9926 7000 as these times can vary from ward to ward.

### **FOOD SERVICES**

1. The **RNSH Café / Food Court** is in the Main Building, Stage 2, Level 3, and their operating hours are from 0730 to 1930 Weekdays, 1030 to 1830 Weekends.
2. There is also the **Forum Plaza Food Court** above St Leonards Rail Station offering many delectable choices.
3. Also check with each Hotel, Motel and Bed & Breakfast, their Restaurant's or Café's operating hours.

## FOR PEOPLE LIVING OUTSIDE THE SYDNEY METROPOLITAN AREA

**Transport for Health - NSW IPTAAS (Isolated Patients Travel and Accommodation Assistance Scheme)** Provides some financial assistance for people who need to travel more than 100km one way to obtain inpatient or outpatient specialist medical treatment and/or specialist oral health surgical (excluding general dentistry) treatment not available locally.

**NSW IPTAAS Applications Forms can be obtained from IPTAAS Offices, Doctors Surgeries, Social Work Departments in most hospitals and Community Health Centres.**

Transport for Health – IPTAAS Office closest to where you usually reside				
<b>Gosford</b> 02 4320 5349	<b>Port Kembla</b> 02 4223 8146	<b>Camperdown</b> 02 9515 3000	<b>Blacktown</b> 02 9881 7507	<b>Lismore</b> 02 6620 2168
<b>Goulburn</b> 1800 800 511	<b>Dubbo</b> 02 6841 2264 1800 601 324	<b>Bathurst</b> 02 6339 5357 1800 601 324	<b>Broken Hill</b> 08 8080 1695	<b>Tamworth</b> 02 6767 8343 1800 660 361

Also ask for a copy of **A SURVIVAL GUIDE** for patients at RNSH and their families  
(Who aren't from around here!)

### Greenwich Inn Motel

196 Pacific Highway,  
St Leonards NSW 2065

Phone: 9906 3277

Freecall 1800 633 680

Fax: 9436 2585

PO Box 475, St Leonards 2065

[Reservations@greenwichinn.com.au](mailto:Reservations@greenwichinn.com.au)

[www.greenwichinn.com.au](http://www.greenwichinn.com.au)

MAIN BLOCK Have private bathrooms, Foxtel and air conditioning. Café open 7 days for breakfast, lunch and dinner. Other facilities include laundry, ironing boards and car parking. Greenwich Inn is *not* wheelchair accessible. Greenwich Inn is located opposite Westbourne Street and the TAFE college, a 3-minute stroll to RNSH.

All rates include GST and breakfast and long term rates are negotiable

Double/Twin (with ensuite)	\$99.00 per night	
Family (3-4 people per room)	1 double bed + 1 single bed	\$110.00 per night
	1 double bed + bunks	\$130.00 per night

### Shore Inn Guest House

314A Pacific Highway,  
Lane Cove NSW 2066

Phone: 9460 7777

Fax: 9436 0382

24 hour check in, with breakfast served daily. Rooms are equipped with a TV, bar refrigerator and paid phone. Laundry facilities and on site parking available. Rooms are clean and comfortable. No Wheelchair access. For Shore Inn Guest House catch the 144 Bus to RNSH.

\$55.00 Single Room with Shared Bathroom per night	\$85.00 Double with Ensuite per night
\$65.00 Double room with Shared Bathrooms per night	Continental Breakfast included

## Local Accommodation List

### Linwood Lodge Motel

312 Pacific Highway,  
Artarmon NSW 2064  
Phone: 9439 6333  
Fax: 9437 5936

This Motel offers a range of accommodation. Self-contained rooms have private facilities and kitchens. 4 rooms have shared bathroom facilities and units/flats have full facilities etc. All accommodation types have TV & Foxtel cable, direct dial telephone, fridge and tea & coffee making facilities. This Motel also has a new section upstairs. Breakfast is available to all types of accommodation and is served to the room upon ordering. Off street parking available and the motel is near public transport services. Wheelchair accessibility is limited as small bathrooms do not allow enough room for a wheelchair, however one can request downstairs accommodation. Linwood Lodge is a 12 to 15 minute walk to RNSH or catch the 144 or 143 buses. **Patients and relatives of patients should STATE that they are having treatment or they're relatives of a patient, at the Royal North Shore Hospital for a 10% discount off 'rack rate'.**

Room type	S.C. Accommodation	Rooms with Shared Facilities	Rooms with Facilities
Single	\$99 per night (room only)	\$79 per night	\$89 per night
Double/Twin	\$129 per night (room only)	\$89 per night	\$95 per night
This is just an <b>EXAMPLE</b> , please ask reception for complete rates information			

### Elite Private Hotel

133 Carabella Street  
Kirribilli NSW 2061  
Phone 9929 6365

Rooms have TV, fridge, tea & coffee making facilities and basins. Kitchen with microwave & toaster for guest use. This hotel is a 3 minute walk from Milsons Point Rail Station - St Leonards is the 4<sup>th</sup> station Northbound. Wheelchair access could be a problem: need to be mobile.  
Provides no food or drinks (Private Hotel)

Room type	Shared facilities	Ensuite and View
Single Room	\$55.00	\$80.00
Double Room	\$60.00 (1 person)	\$88.00 (2 people)
	\$66.00 (2 people)	

### CROWY B&B

#### Crowy Bed and Breakfast

Host is Trish Heffernan  
149 Alexander Street,  
Crows Nest NSW 2065  
Phone 9460 7728  
E-mail [trisheffernan2000@yahoo.com.au](mailto:trisheffernan2000@yahoo.com.au)  
Web [www.crowybandb.com](http://www.crowybandb.com)

Guest accommodation is located upstairs with a choice of bedsitting room and queen size bed and lounge area TV, bar fridge and sofa bed; or large twin bedroom with two single beds and a desk. Both rooms have shared bathrooms, air conditioning and tea & coffee making facilities. Full continental breakfast is included. \$30.00 loading for single night accommodation. No wheelchair access. **Rates are negotiable**

#### Rates:

Double Room	Twin Room
\$130.00 per night	\$100.00 per night

## Local Accommodation List

### Greenwich Bed & Breakfast

#### Previously Leafy Glen

Hosts: David & Jeanette Lloyd

15 Hinkler Street,

Greenwich NSW 2065

Phone 9438 1204

Mobile 0411 409 716

Fax 438 1484

[Info@greenwichbandb.com.au](mailto:Info@greenwichbandb.com.au)

[www.greenwichbandb.com.au](http://www.greenwichbandb.com.au)

#### Rates:

	Private Bathroom	With Ensuite
Single	\$90.00 per night	\$140.00 per night
Double	\$120.00 per night	\$160.00 per night

Bed & Breakfast accommodation (Federation house), with verandas off two bedrooms. Large sunny sitting rooms, off street parking, TV and VCR, tea & coffee making facilities, use of kitchen and is near Lane Cove reserve. This B&B is a 10-minute walk to RNSH. **Courtesy car available in mornings.** Accessible to public trains and buses. There is wheelchair access to the building; however bathrooms are too small for a wheelchair.

**Long term rates are negotiable. Up to 20% discount available for stays of over 7 nights**

### Anderledy Lodge

80 William Street,

North Sydney NSW 2060

PO Box 1081, North Sydney NSW 2059

Phone 8912 4800

Fax 8912 4847

E-mail [anderledy@sosj.org.au](mailto:anderledy@sosj.org.au)

Web [www.marymackillopplace.org.au](http://www.marymackillopplace.org.au)

Anderledy Lodge is a short-term accommodation wing within Mary MacKillop Place. The Lodge features 31 refurbished rooms, lounge, dining and laundry facilities. Wheelchair access and wheelchair accessible bathrooms, however when booking a room request a room on the lower level. Anderledy Lodge is a 5-minute walk to North Sydney Rail Station. Continental Breakfast is included in Rates.

	With Ensuite	Shared Facilities	Apartments
Single	\$115.00 per night	\$95.00 per night	\$170.00 per night (double or single)
Double/Twin	\$150.00 per night		\$150.00 per night (two beds)
King/Twin with ensuite	\$150.00 per night		
2 bedroom apartment	\$180.00 per night		

### St Leonards Mansion

7 Park Road,

St Leonards NSW 2065

Phone: 9439 6999

Fax: 9437 5890

E-mail [themansions@bigpond.com](mailto:themansions@bigpond.com)

Web [www.themansions.com.au](http://www.themansions.com.au)

Continental Breakfast is included in rates. All rooms have reverse cycle air conditioning, tea & coffee making facilities, cooking facilities, small fridge TV, self-dial phones and coin operated laundry. Off street parking. Wheelchair access **one room**, but requires an amount of independent mobility. St Leonards Mansion is a 10 minute walk to RNSH.

Single Room (shared bathroom)	Single Room	Double/Twin Room	Family Suite (can take up to 6 people)
\$70.00 per night	\$85.00 per night	\$105.00 per night	\$120.00 per night for <b>3 people</b>
		\$130.00 per night for <b>4 people</b>	\$130.00 per night for <b>4 people</b>
		\$20.00 per person per night thereafter	\$20.00 per person per night thereafter

## Local Accommodation List

### North Shore Hotel

310 Miller Street,  
North Sydney NSW 2060  
Phone: 9955 1012  
Fax: 9955 4212  
[www.northshorehotel.com.au](http://www.northshorehotel.com.au)

Air conditioning, Direct Dial phone with AM-FM clock radio, Fridge and TV Foxtel, Ensuite bathrooms and laundry service. Wheelchair access is limited. This hotel is convenient to public transport and is up the road from North Sydney station (a 10-minute walk) or a 10-minute drive to RNSH.

Standard	Superior	Deluxe Room	Deluxe Kitchenette
\$87.00 per night	\$90.00 per night	\$95.00 per night	\$105.00 per night

### Neutral Bay Lodge

45 Kurraba Road (Corner of Hayes Street)  
Neutral Bay NSW  
Phone 9953 4199  
Web [www.neutralbaylodge.com.au](http://www.neutralbaylodge.com.au)

Ensuite, TV, tea & coffee making facilities, fan, heat, DVD, clock-radio, ironing, cots, cooking facilities, laundry, pay phone, non smoking property parking. Transport is 150 metres from Neutral Bay Wharf can catch the 225 bus from Neutral Bay Wharf to Neutral Bay Junction then catch the 144 bus to the hospital

Motel Rooms		Check for full details of their rates	
\$170.00 per week for 8 weeks	\$250.00 for one week	\$89.00 per night	
Long term accommodation available			

### Comfort Inn North Shore, Motel

Gatacre Avenue, (Off Pacific Highway)  
Lane Cove NSW 2066  
Phone: 9427 0266  
Fax: 9418 7016  
Web: [www.choicehotels.com.au](http://www.choicehotels.com.au)

Air conditioning, mini bar, tea & coffee making facilities, TV, broadband internet access, queen beds, phone, ironing board and laundry facilities, Licensed Restaurant. No Wheelchair accessibility. RNSH is a 5 to 10 minute journey by car or public transport (bus) outside door.

Family Rooms available  
**Ask for RNS Hospital Rates**

Standard Single or Double Rooms (Extra charge for a third person \$22.00)	Standard Rooms	Superior Rooms
	\$119.00 per night	\$139.00 per night

### Medina Classic Crows Nest

167 Willoughby Road,  
Crows Nest NSW 2068  
Phone: 9430 1400  
Fax: 9436 2556  
E-mail [mccn@medinaapartments.com.au](mailto:mccn@medinaapartments.com.au)  
[www.medinaapartments.com.au](http://www.medinaapartments.com.au)

All rooms have kitchens, daily room service, air conditioning. Shared laundry, parking, pool & spa and BBQ available.

No wheelchair access, mainly stairs and no ground floor units. Medina is a 15 Walk to the RNSH or, a taxi can be arranged. Long stay rates available. **Ask for Hospital rates**

One Bedroom Apartments – double	\$160.00 per night (one queen and one sofa bed; extra person at \$20/night)
Family Apartments – 4 people	\$185.00 per night (one queen, one single, one sofa bed; extra person \$20/night)



## Local Accommodation List

### Rydges North Sydney

54 McLaren Street. North Sydney. 2060.

Reservations 02 9922 1311.

Freecall 1800 251 565.

Fax 02 9922 4939

internet bookings

[www.rydges.com/cwp/royalnorthshore](http://www.rydges.com/cwp/royalnorthshore)

[www.rydges.com/northsydney](http://www.rydges.com/northsydney)

A comfortable, modern hotel offering a range of bedrooms, from Standard Queen and Twin rooms with park or harbour views, to 1 bed and 2 bedroom suites suitable for all the family. 50Four Restaurant offers a full buffet breakfast and A la Carte lunch & dinner. Undercover car parking. A shuttle bus can be arranged to drop-off to the hospital one way. The hotel also offers high speed internet access and a number of further great discounts are available to Rydges Priority Guests (which is FREE to join).

The nearest bus stop is only 2 mins away and North Sydney Train station is just a 10min walk (or 5min taxi ride). **Negotiable rates for RNSH patients, carers.**

No wheelchair access.

Rates vary depending on time of week.

Weekend rates (Fri – Sun)

Approx. \$139.00 - \$159.00

Weekday rates

Starting at \$200.00 per night

**Price based on standard Parkview room for 2 people. Extra person \$40 per night (rollaway bed added)**

### Punt Hill North Shore

(formerly Artarmon Inn)

472 Pacific Highway,

Artarmon NSW 2064

Phone: 1300 731 299

Fax; 03 9650 4409

E-mail [info@punthill.com.au](mailto:info@punthill.com.au)

W: [www.northshoresydney.punthill.com.au](http://www.northshoresydney.punthill.com.au)

The hotel completed a total refurbishment in 2007. The rooms are are-conditioned, LCD TVs with Foxtel, broadband internet, tea and coffee making facilities & microwave. The bathroom has shower only and hairdryer. A resident manager is on-site, free off-street parking, guest laundry, café serving daily breakfast and dinner (Mon-Thurs), bar, outdoor pool, gym & guest internet, wheelchair access to building, however bathrooms have no hand rails.

***To confirm the special hospital rate patients and relatives of patients must state that they are having treatment or they're relative(s) of a patient, at the RNSH.*** There is a bus stop outside the hotel & Artarmon Station is an eight minute walk. The hospital is a five minute drive.

**Valid: 13th October 08 – 31<sup>st</sup> December 09**

Room and bedding configuration	Rate per night	Rate per night based on min. 7 consecutive nights
<b>Hotel Room</b> 1 queen bed, (rollaway available \$35.00). Limited number of twin beds on request	\$129.00	\$125.00
<b>Includes one breakfast</b>	\$135.00	\$129.00
<b>Includes two breakfasts</b>	\$145.00	\$139.00

## Local Accommodation List

### Sovereign Inn

220 Pacific Highway,  
Crows Nest NSW 2065

Phone: 9957 5744

Fax: 9957 5394

Reservationsns@sovereigninns.com.au

[www.sovereigninns.com.au](http://www.sovereigninns.com.au)

When booking request **'hospital rates'**. All rooms have views, ensuite with bath and shower, air conditioning, refrigerator, tea & coffee making facilities, iron & boards. Restaurant is open for breakfast daily and dinner on Mondays to Thursdays. Sovereign Inn also has a 24 hour reception, laundry service and free undercover parking. Wheelchair access is restricted to one room and requires assistance to access. Sovereign Inn is a 15-minute walk to RNSH and has buses running outside.

Standard Room	Executive Room	Family Room (2 adults 2 children)
\$137.00 per night	\$167.00 per night	\$217.00 per night

### Mantra Chatswood (formerly Saville Park Suites)

10 Brown Street  
Chatswood NSW 2067

Phone 9406 5500

Fax 9406 5599

This hotel has studio, one or two bedroom apartments. Fully equipped kitchen, laundry, balcony, air conditioning, TV, phone, tea & coffee making facilities, 24 hour reception. Chatswood Station is a 4 minute walk

	Studio Room hotel room	One Bedroom Apartment	Two Bedroom Apartment
Government nightly rate	\$190.00	\$210.00	\$365.00
Weekend specials	\$115.00 - \$135.00	\$140.00 - \$160.00	\$310.00

### Best Western – Twin Towers Inn

260 Pacific Highway,  
Artarmon NSW 2064

Phone: 9439 1388

Fax: 9437 4171

Web [www.bestwestern.com.au/twintowers](http://www.bestwestern.com.au/twintowers)

Four star accommodation and all rates include continental breakfast. Rooms have air conditioning, mini-bar, tea & coffee making facilities, laundry, Foxtel, internet. Licensed restaurant, off-street parking, swimming pool and spa. Not fully accessible for wheelchairs. This Inn is a 5-minute walk to RNSH or there is a courtesy car available weekday mornings.

Deluxe Room – queen or twin bedded room	Third Person
Monday - Thursday \$175.00 per night Friday, Saturday, Sunday \$155.00 per night	\$43.00 per night
<b>Long stay about 3 weeks, Deluxe Room is \$125.00 per night (room only)</b>	

### Urban St Leonards

194 Pacific Highway  
St Leonards NSW 2065

Phone 9439 6000

Fax 9439 6442

Website [www.urbanstleonards.com.au](http://www.urbanstleonards.com.au)

Some rooms have views, king size bed, alarm clock radio, fridge, TV & Foxtel, dry cleaning service. Sure café & food store for breakfast, lunch & dinner. Underground parking

**Prices vary depending on time of week and are negotiable**



## Local Accommodation List

### Astra Apartments

Atchison Street, St Leonards  
SW 2065

Phone: 1300 797 321

Manager Direct: 0403 226 449

Astra Apartments offers one and two bedroom modern, fully self contained apartments in security buildings in St. Leonards, North Sydney and Chatswood. The apartments suit guests who prefer independent accommodation over a hotel environment and offer queen or double beds with the two bedroom apartments having two single beds in the additional bedroom. All apartments have washing machines, dryers, fully equipped kitchens including fridge, freezers, oven, microwaves, dishwashers, toasters, kettle and full cutlery and crockery. All apartments have LCD or plasma TVs with DVD players. The apartments are available for long or short stays and the St. Leonards apartments are a short 5 minute walk from RNSH

Rates include weekly laundry change and service. RNSH and long stay rates available	
One Bedroom	\$130.00 per night
Two Bedroom	\$200.00 per night

### Sisters of St Joseph, North Sydney

80 William Street, North Sydney

Phone: 8912-4800

Receptionist available from 0700-2100 with a caretaker monitoring calls after hours.

The Sisters of St. Joseph offer a total of 53 separate rooms which are highly proximate to North Sydney train station and the Pacific Highway. All room rates include a continental breakfast per person, which is served in the communal dining room and all floors have a laundry room which is free of charge, with washing powder supplied. Please note that most rooms are *not* wheelchair accessible.

Single rooms come with a single bed and double rooms are equipped with either a double or two single beds. These rooms all have televisions and a small desk. One floor has a room with tea and coffee making facilities, however patrons have access to the dining room to make hot drinks 24 hours a day.

The apartments are equipped with a TV, DVD player, kitchen and dining table. There is also capacity to move a trundle bed into the apartment.

**Please inform the Sister that you are a relative/carer/friend of a patient at RNSH in order to obtain the discounted rates below.**

Rates available for family/carers/friends of RNSH patients	
Single room with shared bathroom facility	\$75 per night
Single room with ensuite	\$100 per night
Double room with ensuite	\$135 per night
1 bedroom apartment	\$150 per night
2 bedroom apartment (sleeps 4)	\$160 per night

### Forum Apartments

ACL c/o Forum, Po Box 178  
3 Herbert St or 1 Sergeants  
Lane

St Leonards NSW 2065

Ph: 02 9966 4448

Email: [info@acliving.com.au](mailto:info@acliving.com.au)

Web: [www.acliving.com.au](http://www.acliving.com.au)

#### Just 5 minutes from the hospital: 1, 2 and 3 bedroom apartments

Many patients and carers/relatives prefer an individual living environment with cooking & kitchen facilities, laundry, dryer, TV and DVD. All apartments feature attractive furnishings and balcony and are wheelchair accessible. All utilities included. The building offers 24 hr security surveillance, concierge in the lobby, 25m indoor pool, spa, fully equipped gym. Optional internet for \$7 a day.

## Local Accommodation List

Train and bus connections are just at your doorstep and many cafes, eateries and Coles Supermarket are on the Plaza level.

Rates Discounted for RNS Patients			
Apartment	Floor level	Daily Rate	Min. Stay
1-bedroom	Low / Mid / High	\$130	4 nights
2-bedroom	Low / Mid	\$180	4 nights

## **LOCAL TRANSPORTATION**



**Updated on 22 October 2008**

**Trains** - The easiest way to **Royal North Shore Hospital** from **Central Railway Station** is to take the train via the **North Shore Line** from platform 16, suburban end of Central Rail, **St Leonards** is the 7<sup>th</sup> station heading north. The hospital is only a five-minute walk from the station. Ask at St Leonards Station for directions to the hospital.

**Buses** - There is the **144 bus (Sydney Buses)** that picks up from St Leonards Station and heads into the hospital grounds. Make sure however that the 144 bus has **Royal North Shore Hospital or RNSH, or Chatswood** written on its destination sign. You will have to cross the Pacific Highway for this service. The bus route from Central Railway Station is not as direct as the train.

### **Country Care Link**

**Country Care Line is a confidential family information and support service for Country NSW. Services are:**

- |  |   |
|--|---|
| 1. A volunteer to meet country people in Sydney and give transport where appropriate | 4. Legal assistance (referral)  |
| 2. Assistance to find short term accommodation for country people in the city        | 5. Confidential personal counselling (chat)                                 |
| 3. Visit country people in hospital (on request) including the RNSH.                 | 6. Referral service to find information                                     |
|  | 7. An interschool contact program linking country & city children (Telepal) |
|  | 8. A friendly voice for a chat  |

Operating hours is: Monday to Friday, 9.00am to 4.30pm

Address: Sisters of Charity Outreach, 438 Victoria Street, Darlinghurst NSW 2010, (situated within the St Vincent's Clinic area).

**1800 806 160 or 8382 6434 Direct line to Country Care Link or 8382 6430 Front**

**Desk** Out of hours leave message on answer machine. For Sister of Charity Outreach 8382 6430

E-mail: [outreach@stvincents.com.au](mailto:outreach@stvincents.com.au), Web: [www.stvincents.com.au/nsw/outreach](http://www.stvincents.com.au/nsw/outreach)

**From Airport** - There is a list of shuttle bus services for transportation 'to or from' the Sydney Airport called **Shuttle Services to Sydney Airport** is also included.

There is also the **East Hills (Airport) Train Line** with trains leaving every 10 minutes to Central Rail Station.

For more information contact the **Transport Info Line on 131 500.**

**Parking** – is available on site at the Royal North Shore Hospital. The schedule of parking fees is attached.

Please note that for patients and carers attending Chemotherapy/Ambulatory Ward, parking is available at the cost of \$5.50 per day. An appropriate appointment card must be produced on request of tickets. Radiation Oncology (Clinic 22) patients and carers can park outside the Department with a parking permit obtained from, their reception on 9926 7483.

Residents staying at **Relatives' Accommodation** may inquire at the **Parking Office** (Main Foyer, Main Block) for the purchase of parking entry tickets and their costs. 3P Zones are three hours parking only, if over the three-hour parking limit The Penalty is \$77.00.

### **Seniors Information Service**

A telephone information and referral service, providing information on eg accommodation, travel information, home support services, law, pensions and concessions, financial issues, health services, support groups, recreation etc their database covers the state of NSW.

**Phone: 13 1244,**

**CHILD MINDING**

**NO child minding facilities are available for patients' children at RNSH**

# RNSH PARKING RATES

## CAR PARKING FEES – CASUAL PARKING

Time / Ticket	New Fee
0 to 1 hour	\$5.00
1 to 2 hours	\$7.50
2 to 3 hours	\$10.00
3 to 4 hours <sup>1</sup>	\$12.50
4 to 5 hours	\$24.00
5 to 6 hours	\$28.00
Over 5 hours	\$28.00
7 Day Ticket	\$41.00
3 Day Ticket	\$28.00

### Concession Rate<sup>2</sup>

Time / Ticket	New Fee
1 Exit Only	\$5.00
7 Day Ticket	\$20.50

### Notes

<sup>1</sup> The maximum charge for confirmed attendance at the hospital will remain at the 3 to 4 hour mark.

<sup>2</sup> RTA issued Disabled Parking Permit, Blue Pension Card, Gold Veterans Affairs Card and Maroon & Yellow Health Care Card.

All fees are inclusive of GST.

### METERED PARKING

All metered parking areas are 3P and charged a fee of \$5.00 per hour.

Metered areas will be monitored regularly and failure to observe and comply with parking signage will result in an official infringement notice being issued.

Payment to meters can be made via credit card or correct coins. Parking meters do not provide change.

### FREE PARKING

Current free parking arrangement in drop off zones will continue.